

Compiled by Neola Young, Megan G., Outside In Trans Clinic & Shane Smith

Edited: 04/2016 (Will be updated regularly. To make updates: oregontranshealth@gmail.com)

Portland Metro Area

Provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale Option:	Other notes:
Surgeons							
Juliana Hansen	Surgeon	Oregon Health & Science University (OHSU)	Portland	(503) 494-6687	OHP (Health Share, CareOregon, open card), Medicare		Chest surgery/top surgery and breast construction
Hema Thakar	Surgeon	Legacy Medical Group-Reconstructive Surgery	Portland	503-413-4992	OHP (FamilyCare, CareOregon, Health Share, open card), most private, Medicare		Chest surgery/top surgery
Daniel Dugi	MD (Urology - surgeon)	OHSU	Portland	503-346-1500	Medicare, most OHP, most private		Orchiectomies, vaginoplasties
Sara Spettel	MD (Urology - surgeon)	Portland Urological Consultants	Portland	503-297-1078	OHP (CareOregon, Open Card, Providence), Medicare		Orchiectomies
Megan Bird	OB/GYN	Legacy Women's Specialties Group	West Linn	503-415-4160	OHP (FamilyCare, CareOregon, Health Share, open card), most private, Medicare	Financial assistance available	Hysterectomies, some post-op procedures (e.g. hysteroscopy)
Medical Providers							
Melinda Muller	MD	Legacy Hospital (Good Samaritan)	Portland	503-413-7074	OHP (FamilyCare, CareOregon, open card), most private, Medicare	Financial assistance available	Only accepting LGBTQ patients at the time
Ben Ly	MD	Legacy Hospital (Good Samaritan or Northwest Medical Group)	Portland	503-413-7711	OHP (FamilyCare, CareOregon, open card), most private, Medicare	Financial assistance available	OHP accepted for transgender patients only
Carol Blenning, Christina Milano, Matt Chan, Allison Fox, Emily Jacobsen	MDs, FNP, PA	OHSU - Richmond Clinic	Portland	503-418-3900	OHP (Health Share, CareOregon, open card), Medicare	Financial assistance available	
Stephanie Detlefsen, Elis Madrigal, Michelle Ritter, Denise Bilbao, Heather Penny, Nilana Gunasekaran	MDs	Kaiser Gender Pathways Clinic	Portland	503-813-2000	Kaiser OHP, OHP Open Card, Medicare	Limited financial assistance available	
Catherine Lum	MD	Kaiser Pediatric Endocrinology	Beaverton	503-520-4977	Kaiser OHP		Only accepts patients under 18 years old
Michael Booker	MD	Family Medical Group	Portland	(503) 288-0083	OHP (FamilyCare), Providence	No.	Only accepts OHP patients under 18
Sara Becker	MD	Bridge City Medical Clinic	Portland	(503) 659-4988	OHP (FamilyCare)		Not taking new patients currently
Matthew Breeze	MD	Providence Medical Group - N Portland	Portland	503-215-3300	OHP (Providence), Medicare, some private	Yes, for uninsured patients	
Anne Weinsoft	MD	Legacy Health (Good Samaritan)	Portland	503-413-7074	OHP (FamilyCare, CareOregon, open card), most private, Medicare	Financial assistance available	
Suzanne Scopes	Naturopathic Doctor (ND)	Private Practice	Portland	503-230-0812	OHP (Care Oregon), CIGNA, AETNA, MODA, Providence, Kaiser, HealthNet	Discount for paying cash	

Meleah Ermac	ND	Mercy and Wisdom / National College of Naturopathic Medicine (NCNM)	Portland	(503) 227-1222 or (503) 552-1551	OHP (CareOregon, open card)	Yes. New patient visit (\$50), return visit (\$25), does not include labs or Rx	Mercy and Wisdom clinic does not take insurance; NCNM does take some insurance
Jen Gibbons	ND	Private Practice	Portland	(503) 252-8125	OHP (HealthShare, open card)	Yes. 20% discount if not billing insurance.	
Angela Carter	ND	Sacred Vessel Medicine / The Equi Institute	Portland	503.719.5000	OHP (FamilyCare, Health Share, Tuality, open card)		
J. Brooke Huffman	ND	2bwell Clinic	Portland	503-655-0044	OHP, many private insurances		
Christy Kithil	ND	Hands on Medicine	Portland	503 281-0308	OHP (Family Care), some private		
Alana Branson	ND	private practice / Mercy and Wisdom	Portland	503-309-4942	OHP (Open Card, Care Oregon), some private		
Kelly Washburn	NP	Merritt Health and Wellness	Portland	971-258-1120	OHP (Family Care), some private	Yes. \$120 flat fee for uninsured patients	Currently accepting new patients
Christopher Aichele	NP	Pacific Medical Group (N. Portland)	Portland	503-285-6607	United, Tricare, Blue Cross, Providence; OHP (CareOregon, Open Card, FamilyCare), Medicare	No	Not accepting new OHP clients at the time
Outside In Transgender Health Services (including Kristine Kruger MD)	All providers	Outside In	Portland	503.535.2004	OHP, some private insurance	Yes. Call for details.	Previously known as 'Trans Clinic'; no waitlist
Sunnyside Health & Wellness	All providers	Sunnyside Health & Wellness	Clackamas	(503) 655-8471	OHP (Family Care and Care Oregon), Moda (Care Oregon), Opencard	yes, proof of income required, first visit has \$20 fee	
Beavercreek Health and Wellness Center		Beavercreek Health and Wellness Center	Oregon City	(503) 655-8471	OHP (Family Care and Care Oregon), Moda (Care Oregon), Opencard	yes, proof of income required, first visit has \$20 fee	
Sandy Health & Wellness Center	all providers	Sandy Health & Wellness Center	Sandy	(503) 655-8471	OHP (Family Care and Care Oregon), Moda (Care Oregon), Opencard	yes, proof of income required, first visit has \$20 fee	
Mental Health providers							
Horizon Greene	therapist	Joyful Awakening	Beaverton	971-217-6527	OHP (Care Oregon, Open Card)		
Isaiah Bartlett	therapist	Owls Nest North	Portland	919-609-8167	OHP, Moda, Aetna, MHN	Yes; inquire about rates	Serves youth & families ages 5-24
Colin Wolf	therapist	Queerapy	Portland	503-389-0398 or colin@queerapy.co	OHP (FamilyCare)		
Lacy Cooper	therapist	LINKtherapy	Portland	503-545-6798	OHP (FamilyCare, open card)	Yes, inquire about rates	Does not serve clients under 13 at this time
Summer Brown	therapist	Therapeutic Change	Vancouver	360-602-1477	OHP		
Jacob Balinky	Psychiatric Nurse Practitioner (PMHNP)	Hands on Medicine	Portland	503-281-0308	OHP		
Charolette Redway	therapist	private practice	Portland	503-888-3238	OHP (Family Care)	Yes	
David Martin	therapist	private practice	Portland	503-880-1508	OHP		
Kristi Erlich	therapist	Owls Nest North	Portland	503-281-1166	OHP		

Nate Bagley	therapist	private practice	Portland	503-545-5329	OHP, MODA, Blue Cross Blue Shield, AETNA, Pacific Source, other private		
Erin Bradshaw	therapist	private practice	Portland	971-235-2613	OHP (Family Care), Providence, Blue Cross Blue Shield		
Phil Kolba	therapist	Hayes Abrams Counseling	Portland	503-765-5274	OHP		
Camille Curry	therapist (PsyD)	Portland Mental Health	Portland	503-908-5545	OHP		
Ime Kerlee	therapist	PDX Trauma Free	Portland	(503) 967-4085	OHP (FamilyCare, HealthShare)	Yes, as low as \$40 (depending on income); insurance co-pay match also available	Specializes in complex trauma; queer & trans people of color
Jamie Pettus	therapist (PsyD)	private practice	Portland	(503) 928-4325	OHP	Starts @ \$50	
Sara Pitkanen	LMFT	Firefly Counseling Services	Hillsboro	971-708-5588	OHP (Family Care)		6 week waitlist
Kelly Lash, Joby Mahto	therapist	Trillium Family Services	Portland	888-333-6177	OHP, Blue Cross Blue Shield, MODA, Pacific Source	no	Serves queer and trans youth ages 5-18 years old
Kate Kauffman	therapist	Brave Space LLC	Portland	503.486.8936	OHP OpenCard, OHP FamilyCare, OHP HealthShare (Clackamas, Multnomah), OHP Yamhill, Blue Cross Blue Shield, United Behavioral Health, Cigna	available	
Jessica Wilson	PsyD	Brave Space LLC	Portland	JessicaWilsonPsyD@gmail.com	OHP (Open Card), Aetna, Beacon, Blue Cross Blue Shield, ValueOptions		www.bravespacecellc.com/
Megan Wyckoff	LCSW	private practice	Portland	971-208-5701	private, can bill as "out of network provider"	Starts at \$85/hr	
Quest Center for Integrative Health	therapists		Portland	(503) 238-5203	OHP, Medicare		6 month waiting list
Cascadia Behavioral Healthcare (Megan Linde)	therapist	CBHC	Portland	503.674.7777	OHP (most cards)	Some free/sliding scale counseling	Must ask for counselor familiar with transgender patients during intake
LifeWorks Northwest	therapist	LifeWorks	Portland, etc	503-645-9010	OHP (most cards)		Must ask for counselor familiar with transgender patients during intake

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Hood River							
Name of provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale?	Other notes:
Kristen Dillon	Family Medicine	Columbia Gorge Family Medicine	Hood River	(541) 386-5070	OHP: PacificSource Columbia Gorge CCO	n/a	

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Salem/Keizer

Name of provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale Option:	Other notes:
Jeffrey Stoessl	MD	Salem Clinic	Salem	(503) 364-8151	OHP (Willamette Valley), Medicare		Payment options available
Raymond Baculi	MD	Salem Clinic	Salem	(503) 364-8151	OHP (Willamette Valley), Medicare		Payment options available, no sliding scale

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Eugene

Name of provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale?	Other notes:
Leigh St. Louis	MD	White Bird Medical Clinic	Eugene	541-484-4800	OHP	Yes. costs covered for clients exp. homelessness	
Doug Austin	Endocrinologist	Women's Care	Eugene	541-683-1559	OHP	No.	
Jeannie Merrick	WHCNP	Oak Street Medical	Eugene	541-431-0000	OHP	sliding scale, 30% off cash payments, additional discounts may be available	sees uninsured
Mary B. Allison	MD	University Health Services		541-346-2770			UofO students ONLY
Nancy Kemp	PhD (Mental health)		Eugene	(541) 349-1167	Aetna, Blue Cross/Blue Shield, Cigna, Federal Workman's Compensation, HMA (In-network), Medicare, ODS (MODA) PacificCare, PacificSource Providence, Regence, TriWest/Tricare United Behavioral Health, UofO Student Health Benefits Plan, Veteran's referred through the Roseburg VHA Healthcare system		
Jordan Shin	LPC (Mental health)	The Counseling Hut	Eugene	541-342-8144	OHP	limited # of sliding scale spots; not guaranteed	

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Corvallis

Name of provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale?	Other notes:
Benjamin Goodrum	FNP	Benton County Health Services	Corvallis	(541) 766-6835	OHP, Medicare	Yes	Onsite pharmacy operated by OSU/OHSU offers significant discounts on medications and free home delivery

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Southern Oregon

Provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale?	Other notes:
Wendy Schillings	MD	Private Practice	Ashland	(541)-482-6867	Medicare, poss OHP		
Martha Cavazos	Endocrinologist	Asante Medical Providers	Ashland	(541) 201-4800	Medicare, OHP	Financial assistance available	
Debra L. Koutnik	Pediatrician	Asante Medical Providers	Ashland	541-201-4930	Medicare, OHP		
Ryan Hungerford	Endocrinologist	Southern Oregon Internal Medicine	Medford	541-282-2200	Medicare, OHP	special payment plans available	
Barbara Franklin	Nurse Practitioner	Siskiyou Community Health Center	Grants Pass	(541) 471-3455	OHP	Yes. Family size & income requirements. Call for details.	
Anne Willis	PsyD	Private Practice/Options	Grants Pass	541-787-3122	OHP		
Kimberly Larson	Nurse Practitioner	Medford Women's Clinic	Medford	541-864-8900	OHP, Medicare		
Mary Strizzi	DO	Medford Women's Clinic	Medford	541-864-8900	OHP, Medicare		

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Central Oregon

Name of provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale Option:	Intake forms:
Mary Carroll	Endocrinologist	Bend Memorial Clinic	Bend	541-382-4900	PacificSource		
Peter Leavitt	MD	St. Charles Family Care	Bend	(541)706-4800	OHP, Medicare		

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Eastern Oregon

Provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale Option:	Other notes:
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Washington State

Provider	Provider type	Practice location	Location	Phone Number	Insurance:	Sliding Scale Option:	Other notes:
Stephanie Naas	FNP-BC	Northshore Medical Group	Stevenson, WA	509-427-4212	Apple Health, Medicare, some private	call for information	
Katy Ham	therapist	Western Psychological Counseling Services	Vancouver, WA	360-574-9303 ex 1410	Apple Health, inquire re: other insurances	Sliding scale available	